



# the red fern

283 oxford street rochester, ny 14607  
585-563-7633 [www.redfernrochester.com](http://www.redfernrochester.com)

## onion-free/scallion-free options

please inform your server of any food allergies. safe-handling procedures are our practice; however, in a shared kitchen, the possibility of cross-contamination is possible.

### snacks

fruit & cheese platter

quesadilla – no kale, no italian sausage. sub lemon maple tofu or mushrooms

pickled things

### plates

buddha bowl – no kale, sub dry field greens

### salads

harvest

simple green

add-ons – cashew-macadamia cheese, lemon maple tofu, avocado

### sandwiches

warrior wrap & add-on avocado spread

grilled cheese & add-ons roasted tomato, avocado spread, lemon maple tofu

sides – balsamic field greens, sesame sticks

gluten-free bread

### dessert

all desserts are onion-free

### drinks

all drinks are onion-free